

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>JUNE 2024</p> <p>The Landing at Cape Elizabeth</p>		<p><u>LOCATION KEY:</u></p> <p>TVR-TV ROOM SK-SARA'S KITCHEN PR-PIANO ROOM FP-FIREPLACE ROOM WR-WELLNESS ROOM CK-COUNTRY KITCHEN DR-DINING ROOM</p>	<p>Please sign up for all rides/trips at the Front Desk</p> <p>Meet in the lobby 15 minutes before the scheduled time for all rides.</p>	<p><u>Salon Open:</u></p> <p>Every Wednesday & Every other Monday (6/3 & 6/17)</p> <p>Please sign up on sheet on the salon door.</p>	<p><i>ACTIVITIES ARE SUBJECT TO CHANGE</i></p>	<p>1</p> <p>9:30 Coffee Chat TVR 10:30 Meditative Art CK 1:00 Outdoor Walk & Talk 2:15 Ice Cream Social SK 3:30 Game Time CK 6:00 Evening Movie TVR</p>
<p>2</p> <p>8:40 Leave for St. Bart's Church 9:15 Leave for St. Alban's Church 10:00 Congregational Church TVR 1:00 Baking with Cami CK 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>3</p> <p>9:30 Coffee Chat TVR 10:45 Exercise with Karen WR 1:00 Hannaford Trip 3:00 Unscramble the Word TVR 6:00 Evening Movie TVR</p>	<p>4</p> <p>9:30 Coffee Chat TVR 10:45 Corn Hole WR 1:30 Concert ~ Bess Jacques PR 2:30 Happy Hour PR 6:00 Evening Movie TVR</p>	<p>5</p> <p>9:30 Coffee Chat TVR 10:45 Stretching with Ellen WR 1:00-4:00 Portland Wheelers 2:00 Root Beer Floats SK 3:30 June Trivia TVR 6:00 Evening Movie TVR</p>	<p>6</p> <p>9:30 Coffee Chat TVR 9:30 Communion FP 10:45 Bocce Ball Outdoors 1:30 Men's Group CK 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>7 National Doughnut Day</p> <p>9:30 Coffee Chat TVR 10:30 Exercise Video TVR 10:30 Hannaford Trip 1:30 Concert ~ Joshua Witham PR 3:00 Scrabble CK 6:00 Evening Movie TVR</p>	<p>8</p> <p>9:30 Coffee Chat TVR 10:45 Balloon Badminton WR 1:00 Scenic Bus Ride 2:45 Ice Cream Social SK 3:45 Outdoor Walk & Talk 6:00 Evening Movie TVR</p>
<p>9</p> <p>8:40 Leave for St. Bart's Church 9:15 Leave for St. Alban's Church 10:00 Congregational Church TVR 1:30 Outing to Portland Players "Mary Poppins" 2:00 Red Sox vs. White Sox TVR 6:00 Evening Movie TVR</p>	<p>10</p> <p>9:30 Coffee Chat TVR 10:30 Hannaford Trip 10:45 Bird Watching 1:30 Concert ~ Todd Glacy PR 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>11</p> <p>9:30 Coffee Chat TVR 10:45 Darts WR 1:00 Outdoor Walk & Talk 2:00 Zumba ~ Sara Googins WR 3:00 Presentation ~ Kevin Goody TVR 6:00 Evening Movie TVR</p>	<p>12</p> <p>9:30 Coffee Chat TVR 10:30 Garden Club 1:30 Scenic Bus Ride 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>13</p> <p>9:30 Coffee Chat TVR 9:30 Communion FP 10:30 Exercise Video TVR 1:30 Concert ~ Glen Bryant PR 2:30 Let's Celebrate Mary D's 100th Birthday! PR 6:00 Evening Movie TVR</p>	<p>14 Strawberry Shortcake Day</p> <p>9:30 Coffee Chat TVR 10:45 Golf WR 1:00 Remy's Store Trip 1:30 Travelogue "The Life of Birds" TVR 4:00 UNO Card Game CK 6:00 Evening Movie TVR</p>	<p>15</p> <p>9:30 Coffee Chat TVR 10:30 Hannaford Trip 1:00 Outdoor Walk & Talk 2:30 Ice Cream Social SK 3:45 Outburst TVR 6:00 Evening Movie TVR</p>
<p>16 Father's Day</p> <p>8:40 Leave for St. Bart's Church 9:15 Leave for St. Alban's Church 10:00 Congregational Church TVR 1:00 Bingo CK 3:00 Horseshoes Outdoors 6:00 Evening Movie TVR</p>	<p>17</p> <p>9:30 Coffee Chat TVR 10:30 Exercise Video TVR 11:00 Lunch Outing to Portland Pie 3:00 Hannaford Trip 6:00 Evening Movie TVR</p>	<p>18</p> <p>9:30 Coffee Chat TVR 10:45 Balloon Badminton WR 1:30 Concert ~ Rob Robbins PR 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>19 Juneteenth</p> <p>9:30 Coffee Chat TVR 10:45 Exercise with Karen WR 1:30 Corn Hole WR 3:00 Unscramble the Word TVR 6:00 Evening Movie TVR</p>	<p>20</p> <p>9:30 Coffee Chat TVR 9:30 Communion FP 10:30 Exercise Video TVR 11:30 "Hawaiian Luncheon" CK 1:30 Outdoor Walk & Talk 3:00 Bingo CK 6:00 Evening Movie TVR</p>	<p>21</p> <p>9:30 Coffee Chat TVR 10:30 Resident Council Meeting TVR 1:30 Concert ~ Red Gallagher PR 3:00 Bug Light Trip 6:00 Evening Movie TVR</p>	<p>22</p> <p>9:30 Coffee Chat TVR 10:30 Hannaford Trip 1:30 Scenic Bus Ride 2:45 Ice Cream Social SK 3:45 Outdoor Walk & Talk 6:00 Evening Movie TVR</p>
<p>23/30</p> <p>8:40 Leave for St. Bart's Church 9:15 Leave for St. Alban's Church 10:00 Congregational Church TVR 1:00 Bingo CK 3:00 Fun Time Trivia TVR 6:00 Evening Movie TVR</p>	<p>24</p> <p>9:30 Bird Watching 10:00 Painting with Hope CK 1:00 Discussion Group with Ellen TVR 3:00 Hannaford Trip 6:00 Evening Movie TVR</p>	<p>25</p> <p>9:30 Coffee Chat TVR 10:45 Stretching with Ellen WR 1:30 Concert ~ Per Hansen & Peter Witham PR 2:30 Social Hour PR 6:00 Evening Movie TVR</p>	<p>26</p> <p>9:30 Maine Audubon Trip 10:30 Exercise Video TVR 1:30 Horseshoes Outdoors 3:00 Nail Salon 6:00 Evening Movie TVR</p>	<p>27</p> <p>9:30 Coffee Chat TVR 9:30 Communion FP 10:45 Bocce Ball Outdoors 1:00 Bingo CK 3:00 Scenic Bus Ride 6:00 Evening Movie TVR</p>	<p>28</p> <p>9:30 Coffee Chat TVR 10:45 Exercise with Karen WR 1:00 Hannaford Trip 3:00 Scrabble CK 6:00 Evening Movie TVR</p>	<p>29</p> <p>10:30 Presentation with Michael Perry "Alaska's Glacier Bay" TVR 1:00 Game Time CK 2:45 Ice Cream Social SK 3:45 Outdoor Walk & Talk 6:00 Evening Movie TVR</p>